

North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Treasurer

April 2019

Spring is here! Woo hoo! Now we can start making plans for the warmer temps and fun times spent outdoors.

Why not use this time to start a container vegetable garden? Not familiar with gardening? No worries, the following was found at www.burpee.com/gardenadvicecenter

Bigger is better. The greatest challenge of container gardening is watering since soil dries out faster in pots than in the ground. A larger volume of soil won't dry out as fast, so choose the largest gardening pot you can. It's fine to mix compatible plants together in a single larger planter. Make certain that every container has holes so excess water can drain away from the soil.

Plan for watering. So-called self watering containers have a reservoir beneath the soil topped with a grid through which the roots can reach down to the water. With these containers you won't have to water as often, but you still have to keep that reservoir filled. In the hot summer mature plants will empty that reservoir fast, so you may have to fill it daily. Spread mulch over the soil in pots just as you would in a garden to keep moisture from evaporating. Planning a summer vacation? It may be wise to stick to spring and fall crops, such as greens, peas and radishes, and let the pot garden go fallow while you're gone.

Start with herbs. They are easy, especially if you begin with transplants, and will add a fresh-grown taste to almost any meal. Just remember to give them the conditions they prefer. All



herbs need full sun, but some, such as rosemary, prefer dryer soil and fewer nutrients; basil needs more fertilizer and watering.

Green up. Baby greens, such as lettuce and spinach are perhaps the simplest vegetables to grow in containers, beginning in spring when they will tolerate cool temperatures. Sow seeds right in the pot. They will take a week or more to sprout, but then will quickly reach a harvest size of three to four inches. Use scissors to snip off only the largest leaves and you can keep your harvest going for several weeks. Then pull out the old plants and re-sow.

Accept the challenge. Everybody loves tomatoes, but they can take some work to grow as a container vegetable. For pots, seek out varieties specifically recommended for containers, that are "determinate"—meaning they will grow to a certain size, then stop and bear all their fruit in a few weeks. You will need a large container, at least 20-24 inches in diameter. Tomatoes sprawl and the fruits get heavy, so provide a cage for all but the most dwarf determinate tomato varieties. Or install sturdy stakes in the vegetable container when you plant and be attentive to tying new shoots to the stakes.

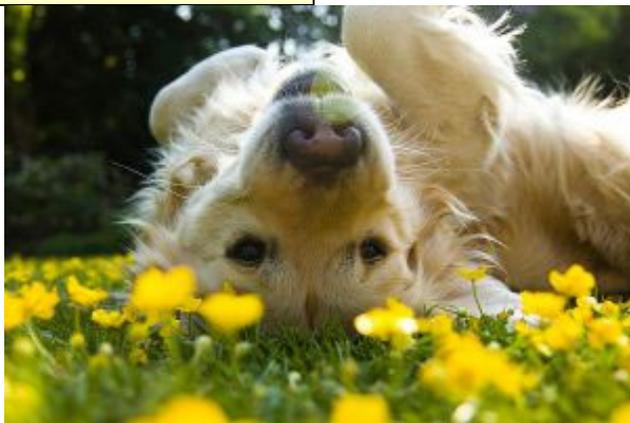


"Where's Mel"? Be the 1st person to call 975-8617 and tell us where you found him hiding in the newsletter and win a prize!

**North Little Rock
Animal Shelter**

For more information
call 501-791-8577

**5 TIPS TO KEEP
YOUR PETS SAFE
THIS SPRING!**



Found at www.medvetforpets.com

Spring is here! Help keep your pet happy and healthy this season with these spring pet safety tips.

Lilies. While many flowers and plants can be dangerous to pets, lilies are especially toxic to cats. If ingested, every part of the lily flower and plant can cause serious health problems, and in some cases, can be fatal. Some other types of spring time plants that can present a danger to dogs are azaleas, calla lilies, lily-of-the-valley, and peace lilies.

Xylitol. Sugar-free candies and gum can contain large amounts of the artificial sweetener xylitol. Xylitol is highly toxic to some dogs and has been found to cause low blood sugar and liver failure.

Chocolate. Chocolate, even in the smallest amounts, can cause serious health problems if ingested by a dog. The darker the chocolate, the greater the danger to the dog. Beyond the initial symptoms of vomiting and diarrhea, chocolate toxicity can lead to tremors, increased heart rate, heart failure, seizures, and in some cases, can be fatal.

Holiday Decorations. Turning the holiday decorations and gift wrap into a prized new toy can be a big temptation for curious dogs and cats. Items such as decorative grass (Easter), if swallowed, have the potential to become lodged in a pet's intestinal tract, which can cause vomiting, diarrhea, and in some cases, intestinal blockages that call for surgical removal.

Storms. For many pets, storms can be a stressful and scary experience. Pet owners can help their pets combat storm anxiety by making sure pets are not left alone during a storm, having their pet wear a thunder shirt during storms, or talking to a veterinarian about anti-anxiety medications for pets. During calm weather conditions, let your pet explore your pre-determined storm shelter. This will help familiarize your pet with this area, helping relive any anxiety associated with entering an unfamiliar place during a storm.

Spring Pet Grooming

Regular grooming (brushing your dog or cat) should be year round. You can do it once or twice a week while your furry family member is lounging in your lap or their bed. Regular grooming/ brushing spreads the natural oils throughout the coat, removes dead hair that can cause mats, and makes the coat glossy.

Bathing your pet can get a lot of dead hair out of the coat, but be careful of the type of shampoo you use. Harsh products can dry out the skin and cause irritation.

You may want to take your pet to a professional groomer. Professional grooming often includes a shampoo and massage, hair cut or trim, and nails. Most



groomers will also clean your dog's ears.

Another benefit of regular grooming is the opportunity to check for parasites such as fleas and ticks. Grooming can draw



attention to parasites that may not otherwise have been spotted.

Grooming also helps highlight injuries, growths or abrasions hiding underneath the fur.



Need a new
addition to your
family?
Call

501-791-8577

...we've got the
perfect companion for you!



Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.

Please Don't Litter
Spay or Neuter
Your Critter



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty Please Spay or Neuter License Plate at any State Revenue Office.



North Little Rock Fire Department Sprinklers...and why they are needed.

Everything you have learned about Fire Sprinklers in the movies is wrong.

Unfortunately, the movies have given sprinkler systems a bad wrap. Many things you see in movies are just wrong. For example, in several movies, you see a character start a fire or light a lighter under a sprinkler head in an attempt to get away from either the good guy or the bad guy, and the next thing you see are a multitude of sprinkler heads going off. This is not the way sprinkler systems work. The typical system works one head at a time either putting the immediate fire out or keeping it in check until residents can escape. Other heads may activate, but only if the fire grows past the service area of the initial sprinkler head.

The following information is from the National Fire Sprinkler Association (NFSA)

Myth: If one goes off, they all go off.

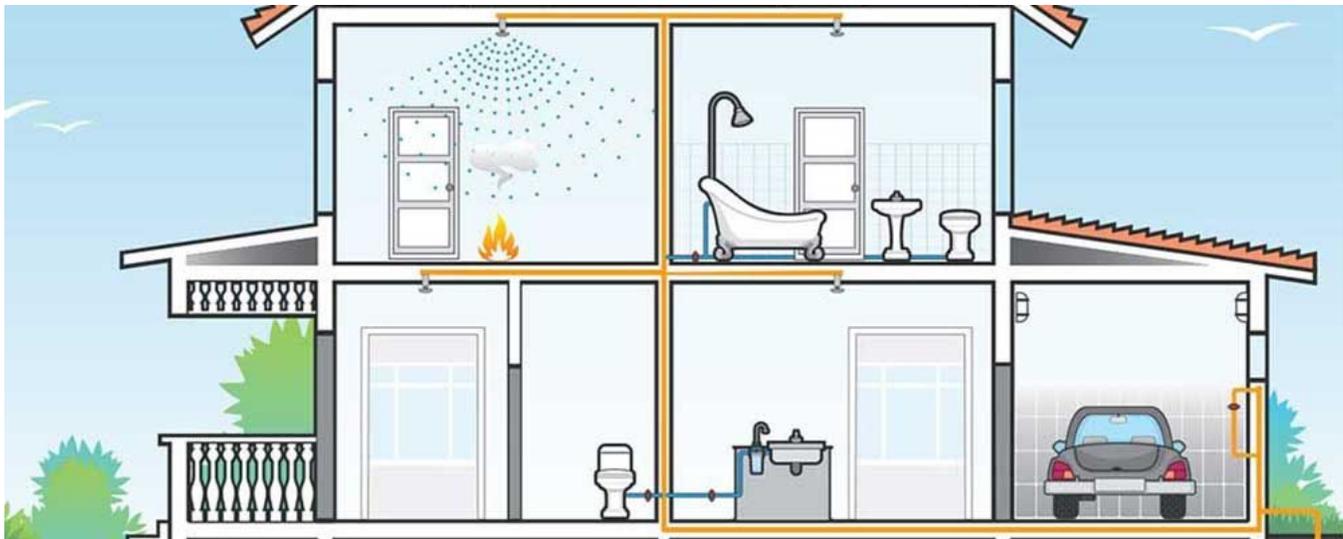
Fact: Sprinklers activate independently; only the sprinkler closest to the fire will activate.

Myth: I have smoke alarms so I don't need fire sprinklers.

Fact: Smoke alarms are essential in every home. But they only detect a fire. Fire sprinklers detect the fire and automatically control it, saving lives and property.

Include Fire Sprinklers When You Build Your New Home

- Ask your builder or architect if they have experience working with fire sprinklers and if they know a sprinkler contractor.
- If they don't, talk to your local fire department for recommendations
- You can also do a web search or look in the Yellow pages.
- Ask the sprinkler contractor if they have experience with NFPA 13D systems (the standard for home fire sprinklers).
- Fire sprinklers are definitely not a Do-It-Yourself project. They have to be carefully engineered and in-



Myth: Sprinklers will leak.

Fact: Sprinkler mishaps are generally less likely and less severe than home plumbing system problems.

Myth: Water damage from sprinklers is worse than fire damage.

Fact: A sprinkler flows 10-26 gallons of water per minute. The property loss in a sprinklered home fire is a small fraction of the typical loss in an unsprinklered home fire.

Myth: The fire department will be able to put out the fire and save my things.

Fact: In the 9—12 minutes a fire department needs to respond, an uncontrolled fire will grow and spread through the home, causing tremendous smoke and fire damage.

stalled correctly.

- If your builder does not want to build with sprinklers, contact other builders in your area who will work with you.
- Your sprinkler contractor will work with you to decide what type of sprinklers are best for your home. You can choose the traditional pendent style or concealed sprinklers.
- If freezing is a problem in your area, you might use sidewall sprinklers to avoid running piping in your attic.
- Sprinklers are installed as part of the construction process, usually right after plumbing and electrical.

Information provided by

North Little Rock Fire Marshal John Pflasterer



Highlights from some City Departments

Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (February events).

Hays Center— new members. 10,927 visits for the month. Activities included an Origami class, Vendor's Day, Black History Luncheon and KATV segment promoting sewing class. Trips to Wilson City and Murry's Dinner Playhouse. The Chair Volleyball team had 2 away games. Public Senior Housing residents were transported to medical appointments and grocery stores. Volunteers contributed 1,242 hours.

Sanitation—collected 1,996.94 tons (3,993,880 lbs) household garbage, rubbish and junk. Collected 38 loads (844.6 cubic yards) green waste. Loose leaf crews collected 29 loads (953.1 cubic yards) mulched leaves. 637 waste tires were also picked up.

Traffic Services—approved 124 barricade applications for permits. Repaired or replaced 123 signs and posts, marked 25 city vehicles with logo, 64 Arkansas One Call location requests.

Police—January crime numbers showed decreases. Theft from Motor Vehicles increased from 32 to 43, Robbery decreased from 9 to 8 and Burglaries decreased from 33 to 23. Theft from motor vehicles increased—most thefts are occurring when a vehicle is left running and unattended or unlocked.

Fire—Total incidents—926
Total Unit Responses—1,658
Residential Fires—9
Vehicle Fires—2
False Alarms/Malfunctions—67
Rescue/Emergency Medical—535
Mutual Aid—1
Hazardous Material Response—13
Structure Fire fatalities—0
Vehicle fire fatalities—0
Training hours—2,874
Total Building Surveys—178

Office of Emergency Services/911—
Total incoming calls: 11,795
Non-911 calls: 5,186
Wired 911: 698 Abandoned Wired 911: 101
Wireless 911: 5,273 Abandoned Wireless: 464
Total dispatch computer entries: 8,352

Planning—reviewed 2 new commercial projects: Office buildings at 600 Main and 1000 Fiber Optic. Issued 5 new single family residence permits (permit

average \$176,933). Issued 6 Sign permits and 2 Banner permits. Inspectors completed 428 inspections and covered 2,729 miles: 132 Electric; 111 Building; 124 Plumbing; 61 HVAC.

Electric Customer Service—Direct contact—lobby payments, 5,500, Drive-thru payments, 2,886. Total payments received: Electric—38,369, amount \$7,203,059.00. Bad debt: \$371.00.

Code Enforcement—94 assigned calls, 282 initiated calls, 21 citations, 291 violation notices, 94 vehicles tagged, 52 structures inspected, 30 rental inspections, 25 food service inspections, 2 search warrants, 3 house demolished by city, — houses demolished by owner. Code Maintenance—91 assigned calls, 8 vacant lots cleaned, 1 lot with structures cleaned, secured 10 vacant houses, — vacant lot mowed, 1 lot with structures mowed.

North Little Rock Convention & Visitors Bureau—Visitors Information Center in Burns Park had 244 visitors in February. Downtown RV Park had 285 reservations with an average stay of 2.97 days and a total of 846 camping days. The Arkansas Inland Maritime Museum had 576 visitors which included the Mountain Home Chamber of Commerce, 2 overnight stays and 1 overnight birthday party.

Electric Department—38,769 customers, Peak Power—126,850 KW, Territory— 60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,060 (170 repaired), Security lights—4,305 (28 repaired), Smart meters—39,401, Revenue—\$6,654,404. Major outages—none.

North Little Rock Animal Control

Incoming animals—223/YTD-223
Adoptions—56/YTD-56
Reclaimed—34/YTD-34
Euthanized—131/YTD-131
Calls for service—700/YTD-700
Pulaski County (accepted at NLR)
Incoming Animals—54/YTD-54
Adopted—23/YTD-23
Reclaimed—2/YTD-2
Euthanized—41/YTD-41
YTD=Year to date

****Non-adoptable animals are those that are sick, injured, unweaned (puppies and kittens), vicious, court ordered or by owner request.****



William F. Laman Library

Find a Spark of Joy in your Spring Cleaning – Arkansas' only certified KonMari Method™ consultant, Sue Fehlberg, believes decluttering is easier with emphasis on the joy you feel from the items you decide to keep. She'll share tips, answer questions, and demonstrate KonMari folding techniques at 1 p.m. April 6 at the Main Branch. This workshop is free and open to the public.

Part 2: All That Magic in the Middle – Main Branch's Writing Workshop is a great way to work on your writing both at the library and on your own with group input. Event coordinator Lilith McFarlin, who has a Creative Writing MFA from Converse College, facilitates the discussion at 2 p.m. April 6.

Easter Bunny Photo Op - The Easter Bunny stops by Argenta Branch to visit at 10:30 a.m. April 13.

Therapeutic Recreation Easter Egg Hunt - In partnership with NLR Parks & Recreation, Main Branch hosts kids (17 and under) with disabilities and their families on April 13. Registration is at 9:30 a.m. in the plaza, and the hunts begin at 10, 10:30, 11, and 11:30. We'll have crafts, games, stories, door prizes and a visit from the Easter Bunny.

Duck, Duck, Hunt Storytime - Kids hunt eggs inside the Main Branch at 10:30 a.m. and 4 p.m. on April 17.

Essence of Books, Laman Library's newest book club - Tayari Jones's *An American Marriage* is the first novel. If you'd like to participate in the Main Branch group discussion at 6 p.m. on April 30, please register at (501) 758-1720 or with the events & programs/calendar tab at lamanlibrary.org in enough time for you to read the book. The group's May 28 meeting selection will be *The Hate U Give* by Angie Thomas.

Free Movies - Don't miss *Harry Potter & the Sorcerer's Stone* at 1 p.m. April 1, *Roman J. Israel, Esq.* at 1 p.m. April 8, *Uncle Drew* at 1 p.m. April 15, and *Harry Potter & the Chamber of Secrets* at 1 p.m. April 29 at the Argenta Branch. We'll also show *Moana* at 3:30 p.m. April 1, *The Little Mermaid* at 3:30 p.m. April 15, and *Finding Nemo* at 3:30 p.m. April 29 at the Main Branch.

Argenta Branch Rock Painting – Families are invited at 3:30 p.m. April 2, 9, 16, and 30.

Argenta Branch Science Fun – Experiments for kids to teens examine steam powered boats, bean sprouts, and glow-in-the-dark flowers at 4 p.m. April 3.

Arkansas Central Regional Art Exhibit - This K-12 student show runs April 3 to 12 at the Main Branch gallery. The closing reception is free and open to the public at 6 p.m. April 12.

Main Branch Free Workshops - Kraffy Seniors make Bunny Planting Pots at 1 p.m. April 9. Register before April 4. Nerd Hub creates Unicorn Succulent Planters at 5:30 p.m. April 9. A Cooking Thing & Recipe Swap learns to make Cajun Stew at 6 p.m. April 16. This month's Garden Craft features Wind Chimes at 1 p.m. April 24. Register at (501) 758-1720 or the events & programs/calendar tab of lamanlibrary.org.

Argenta Branch Tick Tock Tech Time – Having trouble accessing our free digital resources? Get those pesky technology questions answered at 2:30 p.m. April 10.

Free Job Skills: Quality Focus Workshops - Creating satisfied and loyal customers is the most important aspect of long-term success. Strengthen your quality focus by learning to anticipate, monitor and meet the needs and expectations of clients in a timely and appropriate manner across functions. Laman Library Training Specialist, Fredonna Walker, who has an MBA from Arkansas State University and is a certified life coach, provides ways to demonstrate a commitment to identifying both apparent and underlying needs in your quest to provide the highest quality service and products. This workshop is free and open to the public at 2 p.m. April 11, 3 p.m. April 16, 4 p.m. April 18 and 5 p.m. April 23 at the Main Branch. Upcoming job skills workshops focus occupational knowledge/technical orientation, leadership, inclusiveness, communication, adaptability, and accountability in May through December. Registration is accepted on the events & programs page at lamanlibrary.org.

Free Bingo Games – Adults play at 1 p.m. on April 12 at the Argenta Branch and 1 p.m. on April 16 at the Main Branch.

Argenta ArtWalk – Joy Dripper Morgan Herndon is featured during this month's ArtWalk at the Argenta Branch gallery – stop by for the free opening reception from 5 to 8 p.m. April 19. A sneak peek of her work is available at mchartwork.com/process.

Free Computer Classes – At the Main Branch, explore Reddit from 2 to 3 p.m. and Coding Basics 5 to 6 p.m. on Tuesdays. Learn to get the most from Ancestry 2 to 3 and 5 to 6 p.m. Wednesdays. Develop your Microsoft PowerPoint skills 2 to 3 and 5 to 6 p.m. on Thursdays, and Keyboarding 101 is 2 to 3 p.m. Fridays throughout April.

Birthdays:

Beverly Partin 1 Cheri Porier 10 Kory Sanders 14 Robert Rumpf 22

Anniversaries:

Ashley Brown 9 years Stephanie Williams 1 year



Celebrate!!

Sleep: More Important Than You Think!

Found in Southwest Employee Assistance Program Newsletter

Everyone knows the difficulty of dragging through a day after getting too few hours of sleep the night before. But do you know why 7 to 8 hours of sleep per night is the recommended amount for most adults?

Recent advancements in medical science have given us the ability to learn more about sleep (and sleep deprivation) and its relationship to our physical, mental and emotional health. Here is what the most-recent research is reporting:

Weight gain and obesity

A study from the University of Chicago found that lack of sleep makes you want to eat more. The reason? Sleep loss appears to trigger changes in hormones that regulate appetite and stimulate hunger for high-calorie foods like cookies and chips. Researchers believe that we crave high-calorie foods when we're tired because they offer up instant energy. According to a Columbia University study, people who get less than the recommended seven to eight hours of sleep a night are up to 73% more likely to be obese.

Cardiovascular health, cancer and diabetes

According to the Harvard-run Nurses' Health Study, failing to get enough sleep or sleeping at odd hours heightens the risk for a variety of major illnesses, including heart disease, cancer and diabetes. A report from the study summarizes that sleep deficit may put the body into a state of high alert, increasing the production of stress hormones and driving up blood pressure, a major risk factor for heart attacks and strokes. Additionally, people who are sleep-deprived have elevated levels of substances in the blood that indicate a heightened state of inflammation in the body, which is now also recognized as a major risk factor for heart disease, stroke, cancer, and diabetes.



A Yale University study found that when people slept less than six hours a night on average, their risk of adult-onset diabetes doubled. Researchers suspect that in an effort to give you more energy when you're tired, your body may raise your blood glucose levels—a condition that, if it persists, is a major risk factor for diabetes. Only after several nights of adequate sleep did the blood glucose levels of the study participants return to normal.

Depression and mood disorders

It is well-known that sleep problems can be a key sign of depression. At least 80% of depressed people experience insomnia—difficulty falling asleep or, most often, staying asleep. However, the latest medical research now reports that the reverse is also true—sleep disorders can actually trigger depression or other mood disorders. The explanation? Sleep, mood and mental/emotional behaviors all share a complex mix of chemistry in the brain. Disordered sleep appears to set off an array of forces in the brain and nervous system that can result in a depressed mood, major depressive episode or other mood disorder.

Memory, learning and job performance

In a recent study, adults who were allowed just five hours of sleep a night for a week continuously scored poorly on tests. Only after they slept eight hours for two nights in a row did their scores improve. Researches say by cutting your sleep short, you miss out on REM (rapid eye movement) sleep, which helps consolidate information and enhance memory.

According to a Better Sleep Council survey, sleep-deprived workers reports the following as work-related consequences from lack of sleep:

- 31% reported a decline in quality of work
- 31% reported impaired thinking or judgment at work
- 30% reported trouble retaining information

The survey summarized that “sleep deprivation impacts your alertness, your productivity and your ability to socially interact with co-workers.”

Safety at work or while driving

Researchers say that excessive sleepiness contributes to a greater than twofold-higher risk of sustaining a workplace injury. The National Highway Traffic Safety Administration (NHTSA) reports you're three times more likely to be in a car accident caused by poor sleep than by drunk driving. The NHTSA conservatively estimates that there are 100,000 car accidents each year caused by drowsiness, and these crashes result in 71,000 injuries and 1,500 deaths.

How much sleep should you get?

Despite the growing scientific evidence that suggests that too little sleep or erratic sleep may harm your health, many people remain indifferent to the importance of sleep. Forty-one percent of women in a nationwide poll conducted by the Better Sleep Council didn't think cutting back on their sleep would harm their health. These women reported getting six hours of sleep or less each night, which is an insufficient amount of sleep for most adults. According to the latest research, the human body still needs 7-8 hours per night (the recommended average for adults).

What causes sleep deprivation?

The National Institutes of Health reports that approximately 70 million people in the United States are affected by a sleep problem. What are the causes of sleep loss?

- Not allowing enough time for sleep
- Anything that causes insomnia or poor quality sleep
- Excessive worry, depression
- Sleep disorders
- Repeated awakenings from noise
- Working at night, shift work
- Medical illness causing pain, difficulty breathing, etc.

What to do

If you have difficulty with your sleep for any reason, take action. Most sleep difficulties are either caused or reinforced by lifestyle habits or behaviors that are antagonistic toward good, restful sleep. Start by learning more about sleep and good sleep habits. There are many resources at your local book store, library or online (National Sleep Foundation website: www.sleepfoundation.org) that are filled with information and tips about how to get a better nights sleep.

If you make changes, have done all you can, and still are not getting good, quality sleep, talk to your doctor. You may have a sleep disorder that is resulting from a physical problem such as diabetes, Sleep Apnea or Restless Legs Syndrome. Or an emotional problem like anxiety or depression may be disrupting your sleep. Your doctor can recommend appropriate treatment.

Why a Full Night's Sleep is Important



- Longevity
- Reduce inflammation
- Avoid blood pressure issues
- Reduce stress
- More energy
- Improve memory
- Avoid depression
- Better weight control
- Good for creativity
- Avoid cholesterol issues
- Have fewer accidents
- Improve focus

USS RAZORBACK 75TH BIRTHDAY

Open to the Public

FREE

April 3, 2019

12:00 pm



The USS Razorback served in World War II and conducted five combat patrols. At the end of World War II the USS Razorback was one of only 12 submarines selected to be present in Tokyo Bay when Japanese signed under surrender.

Retired Vice Admiral Kenneth Floyd, a 3 star Admiral, will be our guest speaker.

For more information call 501-371-8320 or visit aimmuseum.org.



Goodbye March; Hello April.



"WHERE MEMORABLE MOMENTS HAPPEN..."



Funland Opens April 6, 2019

Funland opens the first Saturday of April, weather permitting. Gates open at 10:00 am and close at 7:00 pm.

Come spend the day, not a fortune.

Open Saturdays and Sundays
April through October.

Call 501-753-7307 to book your
group or birthday party.



Tax Season Help Through April 11



FREE Tax Preparation Services provided by the Central Arkansas Development Council

on Thursdays, 9:00 am - 1:00 pm at the North Little Rock Community Center til April 11. For more information call 501-326-6203, click [here](#) or see below to visit the website.



Join us at the North Little Rock Community Center for the Patrick Hays Senior Center Pickle Ball League on Tuesday, Thursday, and Friday mornings starting at 9:30 am. For more information call 501-975-4297.





EVENTS



Rose City Day April 6, 2019

Rose City Day is taking place on Saturday, April 6 at the Rose City Neighborhood School Street Park, from 2:00 pm - 5:00 pm. All current and former residents are invited to this event. There will be games, food, refreshments, prizes and lots more! If you have questions or want more information click [here](#) or see below to view the Facebook page.

Cardiac Classic 2019 April 20, 2019



Join the Arkansas Heart Hospital as they host the Cardiac Classic on Saturday, April 20. For more information click [here](#) or see below.

Central Arkansas Heart Walk April 27, 2019

Join the American Heart Association on Saturday, April 27 at 8:30 am for check-in at the North Shore Riverwalk. The 5K walk or miracle mile begins at 9:30 am.



For more information visit www2.heart.org.

BAPS Charity Walk April 28, 2019

5K/10K/Half walk on behalf of BAPS Charities will take place on Sunday, April 28 at Shilcott's Bayou in Burns Park. For more information click [here](#) or see below.



Walk MS May 4, 2019



Walk MS brings together a community that are passionate people for one powerful cause: to end MS forever. For every step and every dollar raised they are that much closer. Join Walk MS on Saturday, May 4 at the North Shore Riverwalk, with registration at 8:00 am and walk starting at 9:30 am. For more information click [here](#) or see below.

Heroes Ruck Challenge May 18, 2019



DATE CHANGE FROM MARCH 30 TO MAY 18

Join the Heroes Ruck Challenge as they run the 15.3 miles carrying a 35lb rucksack/duty gear. Each mile along the route will honor the sacrifice of a fallen service member or first responder. Starts and ends at the Arkansas Inland Maritime Museum. For more information click [here](#) or see below to view the Facebook page.



**Peddlers Permit
City of North Little Rock**

Issued to: **Mel Dun**
Issued: 1/2/19
Expires: **4/1/19**



EXAMPLE

Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **_SAMPLE ONLY—
only valid with signature**

Deputy City Clerk / Treasurer, Revenue

Question: *If someone comes to my home selling Newspaper subscriptions, are they required to have a door-to-door peddlers permit?*

Answer: Yes. **Anyone** going door to door in the North Little Rock City Limits is required to have a peddlers permit and ID issued by the City Clerk's Office. Other examples include newspapers, pest control, alarm systems, home improvements, etc.

Reminder to residents:

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office (similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk/Treasurer's Office Monday through Friday 8:00 a.m.— 4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

North Little Rock History Commission



If you or someone you know has items of a historical interest (photos, newspaper clippings, keepsakes, etc.) to City of North Little Rock, please consider donating them to the NLR History Commission.

For more information, call 501-371-0755 or email nlrhistory@comcast.net.

Effective April 1, the penalty for not renewing or doing business in the city since January 1, 2019 is 25% of the total amount due.

Reminder—ALL businesses doing business within the city limits of North Little Rock are required to have a current Business/Privilege License. Businesses that are not licensed are subject to a citation (and court appearance) for operating a business without a license.

Please contact 501-975-8617 with any questions regarding North Little Rock Business License requirements and fees.

The North Little Rock Convention & Visitor's Center wants to know about your upcoming events!

To submit events, visit www.NorthLittleRock.org or call Stephanie Slagle, Public Relations Representative at 501-758-1424.

To see a list of issued permits, visit the city website at www.nlr.ar.gov, then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an individual ID/Permit, click on the person's name. All licensed door to door peddlers are **required to have the ID issued by the City Clerk's Office with them at all times.**

All Business / Privilege Licenses expired December 31, 2018
Renewal notices were **mailed on or about Monday, December 31, 2018.**

Licenses **must be renewed** between **January 2, 2019 and April 1, 2019** to avoid penalties.

All persons doing business **of any kind** within the city limits are required to have a Business/Privilege License.

If a business **operates 1 day into the new year**, they **are required** to obtain a business license at the full fee.

If you have any questions, please contact the North Little Rock City Clerk's Office at 501-975-8617.

***North Little Rock
City Council Schedule***

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

| | |
|--------------------------------------|----------|
| IS/Data Processing, Kathy Stephens | 975-8820 |
| Finance, Karen Scott | 975-8802 |
| Information | 975-8888 |
| Human Resources, Betty Anderson | 975-8855 |
| Planning, Shawn Spencer | 975-8835 |
| Purchasing, Mary Beth Bowman | 975-8881 |
| Utilities Accounting, Terrell Milton | 975-8888 |

City Council Members

| | | |
|--------|----------------------------------|----------------------|
| Ward 1 | Debi Ross Beth White | 753-0733 758-2738 |
| Ward 2 | Linda Robinson Maurice Taylor | 945-8820 690-6444 |
| Ward 3 | Steve Baxter Ron Harris | 804-0928 758-2877 |
| Ward 4 | Charlie Hight Jane Ginn | 758-8396 749-5344 |

**Utility Payment Assistance
and Other Numbers**

| | |
|-------------------------------------|----------------------|
| Central AR Development Council..... | 501-603-0909 |
| Little Rock Catholic Charities... | 501-664-0640 ext 459 |
| Saint Francis House..... | 501-664-5036 |
| Watershed..... | 501-378-0176 |
| Helping Hand of Arkansas..... | 501-372-4388 |
| River City Ministries..... | 501-376-6694 |
| Arkansas Metro..... | 501-420-3824 |
| Arkansas Food Bank..... | 501-565-8121 |
| American Red Cross..... | 501-748-1021 |
| Salvation Army..... | 501-374-9296 |

Other Elected Officials

| | |
|--|----------|
| Mayor Joe A. Smith | 975-8601 |
| City Clerk/Treasurer Diane Whitbey | 975-8617 |
| City Attorney Amy Fields | 975-3755 |
| District Court Judge Randy Morley | 791-8562 |
| District Court Judge Paula Juels Jones | 791-8559 |

Telephone Numbers for City Hall

| | |
|-----------------------------|--------------|
| Mayor's Office..... | 501-975-8601 |
| Joe A. Smith | |
| City Clerk & Treasurer..... | 501-975-8617 |
| Diane Whitbey | |
| Communications..... | 501-975-8833 |
| Nathan Hamilton | |
| External Relations..... | 501-975-8605 |
| Margaret Powell | |
| Fit 2 Live..... | 501-975-8777 |
| Isaac Henry | |
| Special Projects..... | 501-975-3737 |
| Jim Billings | |

North Little Rock Curbside Recycling
schedule for the month of April



April 1—5 recycle
April 8—12 no pickup
 April 15—19 recycle
April 22—26 no pickup
 April 29—May 3 recycle

April Anniversaries

| <i>Name</i> | | <i>Dept</i> | <i># Yrs</i> | <i>Name</i> | | <i>Dept</i> | <i># Yrs</i> |
|-------------|--------------|-------------|--------------|-------------|------------|---------------|--------------|
| JANET | HILL | 1ST COURT | 29 | GREGORY | BROWN | FIRE | 20 |
| JULIE | FISHER | ADMIN | 7 | JASON | FENDER | FIRE | 20 |
| AUSTIN | EVERETT | CODE | 4 | BRIAN | OAKLEY | FIRE | 20 |
| RICHARD | ROSS | CODE | 4 | KYLE | SIMPSON | FIRE | 20 |
| CRYSTAL | WILLIS | COMMERCE | 7 | TODD | IRBY | FIRE | 21 |
| NATHAN | OSBON | ELECTRIC | 1 | JAMES | KOLB | FIRE | 21 |
| MICHAEL | SMITH | ELECTRIC | 1 | MICHAEL | THOMPSON | FIRE | 21 |
| TAYLOR | ALLISON | ELECTRIC | 4 | LAITH | ADAMS | FIRE | 22 |
| JUDY | HUNTER | ELECTRIC | 5 | HEATH | HOOPS | FIRE | 22 |
| JAMES | BARTLETT | ELECTRIC | 8 | EARL | MAHANAY | FIRE | 22 |
| BOBBIE | BURKS | ELECTRIC | 8 | RICKY | CRANFORD | FIRE | 23 |
| NAKISHA | MORAGNE | ELECTRIC | 19 | MICHAEL | HOLLEY | FIRE | 24 |
| LYNWOOD | ANDERSON | ELECTRIC | 22 | JOHN | ADAMS | FIRE | 37 |
| CHARLES | BOLDEN | ELECTRIC | 23 | FREDERICK | GUNTHER | FIRE | 37 |
| JOAN | STEWART | ELECTRIC | 31 | DONALD | PAYNE | FIRE | 37 |
| MICHAEL | ALLEN | ELECTRIC | 35 | BRENNAN | PELTS | OES/911 | 2 |
| MOLLY | RACKLEY | FINANCE | 1 | WILLIAM | FERRY | OES/911 | 17 |
| LINDA | DRIGGERS | FINANCE | 1 | CLIFFORD | MURPHY | PARKS GOLF | 1 |
| SHARON | HENLEY | FINANCE | 41 | MICHAEL | CARR | PARKS GOLF | 6 |
| JUSTIN | JONES | FIRE | 3 | BRIAN | SCROGGINS | PARKS MAINT | 4 |
| RODERICK | QUINN | FIRE | 3 | CHARLES | STANFORD | PARKS MAINT | 6 |
| NICHOLAS | TETKOSKIE | FIRE | 3 | DONALD | EOFF | PARKS MAINT | 16 |
| MICHAEL | MITSUNAGA | FIRE | 4 | CHARLES | BROOKS | PARKS MAINT | 18 |
| CLINT | BUTLER | FIRE | 9 | TONY | PATE | PARKS REC | 12 |
| PEGGY | BOREL | FIRE | 15 | ALYSON | JONES | PLANNING | 2 |
| JOSH | BURKS | FIRE | 15 | ALEXANDER | SANTUCCI | POLICE | 2 |
| JOSHUA | COX | FIRE | 15 | ADAM | WILLIAMS | POLICE | 2 |
| MICHAEL | GARRETT | FIRE | 15 | JOSEPH | SMITH | POLICE | 5 |
| RICHARD | HARGROVE | FIRE | 15 | CARISSA | MERZ | POLICE | 6 |
| DENNIS | POOLE | FIRE | 15 | JASON | WOODWARD | POLICE | 21 |
| CLINT | REEKIE | FIRE | 15 | MICHAEL | NELSON | POLICE | 26 |
| JASON | ROE | FIRE | 15 | JOHN | YATES | POLICE | 26 |
| CHRISTOPHER | MORENO | FIRE | 17 | MARK | TUBBS | POLICE | 27 |
| TIMOTHY | MAHAN | FIRE | 17 | SIAVASH | MORSHEDI | POLICE | 31 |
| JASON | KNIFE | FIRE | 17 | TRACY | ROULSTON | POLICE | 31 |
| GREGORY | NASH | FIRE | 17 | ROBERT | SCOTT | POLICE | 32 |
| STEPHEN | FORTSON | FIRE | 18 | WILLIAM | KOVACH | POLICE | 32 |
| WILLIAM | DAVIS | FIRE | 18 | JOHNNY | JOHNSON | STREET | 2 |
| BRYAN | HILL | FIRE | 18 | BRYAN | ROUGELY | STREET | 6 |
| JASON | KNOERNSCHILD | FIRE | 19 | STEVEN | HUBBARD | STREET | 9 |
| DUDLEY | SCHRADER | FIRE | 19 | FREDERICK | MOORE III | STREET | 23 |
| CLAYTON | ZAKRZEWSKI | FIRE | 19 | LESLIE | RICHARDSON | TRAFFIC | 14 |
| ROBERT | BRYSON | FIRE | 20 | JACOB | LAWRENCE | VEHICLE MAINT | 1 |

April Birthdays

| Name | Dept | Date | Name | Dept | Date | | |
|-----------|------------|-------------|------|-------------|------------|------------|----|
| WALTER | BARRINGTON | ELECTRIC | 1 | ALAN | GARNER | FIRE | 13 |
| JANICE | JENSEN | POLICE | 3 | TIM | REAVIS | PLANNING | 13 |
| PAUL | CANTRELL | POLICE | 3 | JON | MILLER | FIRE | 14 |
| MICHAEL | ALLEN | ELECTRIC | 4 | TODD | LARSON | ADMIN | 16 |
| IRA | WHITNEY | POLICE | 4 | DAVID | RODGERS | SANITATION | 16 |
| BRANDON | DAVIDSON | POLICE | 4 | TODD | LARSON | ADMIN | 16 |
| MELANIE | WALKER | FIRE | 4 | PHILLIP | LOWRY | POLICE | 18 |
| DENNIS | MELTON | PARKS MAINT | 5 | DALTON | GASTON | FIRE | 18 |
| ROBERT | HUGHES | ELECTRIC | 6 | CHARLES | MILES JR | POLICE | 19 |
| JACOB | CERVANTES | POLICE | 6 | RICKY | PRIDMORE | SANITATION | 19 |
| JOSHUA | SAUERWIN | SANITATION | 6 | BLAKE | BARNES | POLICE | 20 |
| BOBBIE | BURKS | ELECTRIC | 7 | BILLY | JONES | FIRE | 21 |
| JOSEPH | MADISON | POLICE | 7 | ALANA | PIERCE | FIRE | 22 |
| PHILLIP | GANGLUFF | POLICE | 8 | PHILIP | EVANS | POLICE | 22 |
| JAMES | DANCY | POLICE | 10 | HAROLD | FORD | SANITATION | 24 |
| JOHN | LYON | POLICE | 10 | CHRISTOPHER | HARRIS RAY | ELECTRIC | 24 |
| SHANE | PRATER | ELECTRIC | 10 | GLENN | KRAUSS II | ELECTRIC | 24 |
| ALEXANDER | BAKER | POLICE | 11 | DEIDRA | DEVINE | TRAFFIC | 25 |
| JOHN | YATES | POLICE | 12 | KENNETH | WILLIAMS | SANITATION | 26 |
| ZACHARY | SMITH | PARKS MAINT | 12 | JACOB | HOUSE | POLICE | 27 |
| RODGER | GREENE | PLANNING | 13 | KYLE | MCNEIL | ELECTRIC | 28 |

Information regarding employee anniversaries and birthdates is provided by HR the prior year (i.e. 2019 was provided in 2018). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 19 years. My total service with the city is 29 years. If this scenario applies to you, please email me at least one month before the month of your anniversary month so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)



Welcome, two new City Planning Department employees!

Pictured left, Joshua Bowers, Chief Electrical Inspector and Middle, Scottie Kelley, Chief Mechanical Inspector are pictured receiving the Oath of Office from North Little Rock City Clerk Diane Whitbey.

North Little Rock Lions Club

Annual Bob Moore Memorial Fish Fry

Friday, April 12, 2019



*Pond Raised Catfish and Breaded Chicken Strips
With All The Trimmings*

Serving 4:30PM until 7:30PM

Burns Park Hospitality House In North Little Rock

Adults

Children Under 12

\$12.00

\$10.00

Tickets available at the door

Since 1917, Lions clubs have offered people the opportunity to give something back to their communities. From involving members in projects as local as cleaning up an area park or as far reaching as bringing sight to the world's blind, Lions clubs have always embraced those committed to building a brighter future for their community.

Cheesecake Dip

Provided by Talor Shinn, City Clerk/Treasurer's Office

Found at www.ihearteating.com

This wonderful dip can be served as a dip or dessert!

And it's easy to make, too!

8 ounces Greek yogurt cream cheese softened

10 ounce non-dairy whipped topping

1 cup plain nonfat Greek Yogurt

1/2 cup fat-free sweetened condensed milk

21 ounce can cherry pie filling (or blueberry)

Beat together cream cheese and nondairy whipped topping until well-combined.

Mix in Greek yogurt and sweetened condensed milk until combined.

Spread into a dish (pie pan or any other container).

Top with pie filling.

Chill until ready to serve.

Serve with Graham Crackers, Vanilla Wafers, or other desired dippers.

Recipe note: If you can't find Greek yogurt cream cheese, regular or reduced-fat (NOT FAT-FREE) will work.



NORTH LITTLE ROCK FRIENDS OF ANIMALS SECOND ANNUAL

PASTA FOR PAWS

FRIDAY, APRIL 12TH . 5:00 - 8:00 PM

HAYS SENIOR CENTER . NLR, AR

For more information call 501-791-8577
Tickets are \$15 for Adults and \$10 for Children 8 and under

BURNS PARK ANNUAL

Easter Egg Hunt

SATURDAY, APRIL 20, 2019

YOUTH BASEBALL COMPLEX

4501 JOE POCH RD. NLR, AR 72118

 **FREE!** 

Crafts & Games
Face Painting
Candy & Prizes
Bump & Jumps

Meet the Easter Bunny

 **Registration** 

starts 9:00 AM

For children 1-10 years of age

 **Egg Hunts** 

start 10:00 AM

Information: 501- 906-6300

 **NEW!** 

**Special Needs
Hunt**

For children with
disabilities

Accommodations:

501-690-0059



www.nlrpr.org

